

Riding The Wave Of Change

- Anticipate what changes might be on the horizon. Stay informed.
- Prepare for possible change by gathering relevant information.
- Visualize yourself positively dealing with change.
- Accept the change.
- Get support.
- Hang tough.
- Go easy on yourself.
- Keep the best of the old in your life.
- Look at change as an opportunity to grow
- Purposely change.

Be sure to read the Office Dynamics Blog for more tips on this subject!

Officedynamics.com/blog