

Live A BIG Life

Your goal should be to give equal attention *over time* to the 5 Pillars: Career, Family, Financial, Spiritual and Wellness.

Career

- Own your reputation.
- Ordinary is easy. Extraordinary separates you from the crowd.

Family (includes friends, coworkers, pets, neighbors)

- Focus on the gifts and strengths of each person.
- Support and love is a reciprocal happening; a two-way street.

Financial

- Money in and of itself is not bad; it's what we do with money that is good or bad.
- "Spend every dollar on paper and give it a purpose." –Dave Ramsey

Spiritual

- Spirit is courage, bravery and resolution.
- Our spirit craves victory and growth.

Wellness

- Allow into your awareness only feelings of strength, happiness and success.
- Move your body!

Be sure to read the Office Dynamics Blog for more tips on this subject!

OfficeDynamics.com/blog